



Cashew Dill Dressing

by *BHHEC Staff*

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1. Place in a small kettle:
 - 2 cups water
 - ¼ cup cornstarch
2. Stir and then bring to a boil stirring constantly.
3. Place in blender:
 - 1 cup water
 - 1 cup cashews
 - ¼ cup rolled oats (opt)
4. Blend until very smooth.
5. Add the cornstarch mixture and also add:
 - ½ cup fresh lemon juice
 - 2 tsp. salt
 - 2 tsp. garlic powder
 - 1 cup water
 - 1-2 Tbsp. dill weed
6. Blend again and pour into container. This will thicken as it cools.