



Cashew Sweet Basil Dressing

by BHHEC Staff

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1. Place in blender:
 - 2 Tbsp. dehydrated onion
 - 1 cup water
 - ½ cup cashews
 - ¾ tsp. salt
 - 1 tsp. sweet basil
 - dash of garlic
 - 1/8 tsp. thyme (opt)

2. Blend well then add:
 - 2 Tbsp. fresh lemon juice
 - 6 olives (I like the ripe green ones)

3. Blend until smooth.