



Cruciferous Salad

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2 cups cauliflower florets
2 cups broccoli florets
1 stalk celery chopped
½ cup water chestnuts sliced
2 green onions chopped
2/3 cup frozen peas, rinsed

Dressing:

1 cup no-oil mayonnaise
1 tablespoon honey
¼ teaspoon salt
1 teaspoon fresh lemon juice
2 teaspoons sesame seeds ground
1 teaspoon nutritional yeast